

A vibrant orange bird of paradise flower (Heliconia) is the central focus, set against a backdrop of lush green foliage and a tree trunk in a jungle environment. The flower's bright orange petals and yellow stamens stand out against the deep greens of the surrounding leaves.

# The rain forest

the healing space of the Amazonian jungle  
in Peru/South America

Sphere of encounters, spiritual  
experience and personal growth

Spiritual journeys

Medicine journeys

Vision quest

Plant knowledge and  
shamanism

Jungle camp

»Moteloy«

with

Francisco Guerra

Tananta

shaman and healer, Peru

and

Angelika Maria

Kotzur

non-medical practitioner  
(Heilpraktikerin),  
Germany



## The Amazonian rain forest in Peru

### The medicine of the rain forest

In its almost inaccessible depths, the Amazonian rain forest in Peru guards the healing knowledge of the old traditions. Due to the geographic seclusion, the healing wisdom has been kept and developed, so that even serious illnesses could and can be treated as in ancient times – which complements medical science especially for Europeans in a valuable way.

Since Kundalini, the snake who represents the vitality of Earth, has moved from the Himalaya mountains to the region around the border between Chile and Peru, more and more people have become interested in the ancient teachings of these Latin American countries.

### Detoxification and cleansing

Apart from its healing plants, the traditional wisdom and its waters, the rain forest offers us one of its greatest gifts, an unspectacular but very important healing aspect – its inevitability. The jungle cannot be kept out, neither its temperatures, nor its insects and other animals, nor its humidity ... It is a

challenge to the liveliness of our body. The body has to suffer, endure, purify and sweat in order to survive. The heat is a blessing for Europeans

coming from the temperate zones. If their metabolism is too slow or too quick, the high temperatures in the jungle can modify it. (In Europe, this can be achieved only through strict dieting.) This has a rejuvenating and vitalizing effect, also in a physical sense.

### Magic of the rain forest

Magic and mythical experiences are part of daily life here. Dream and reality are blended – what a moment before was just a thought has become reality right now. Staying here opens up these spheres. We begin to understand ourselves as authors of our own reality. This is one of the biggest spiritual challenges and, at the same time, can be a key element of healing.

When it gets dark, the Amazonian shamans start with their ceremonies. In these rituals we can travel spiritual spheres and search and experience healing of body, soul and spirit.

Simple and secluded, the camp offers the possibility to slow down the pace of western life-style, to find time for oneself, for own dreams, ideas, feelings. Here we have the chance to find out what they mean and to follow them.



## Shamanism and natural healing

Shamanism is a teaching that is based on oneness, the unity of all beings. Everything is linked to each other, there is no isolated existence. In shamanism, the existence is transformed through direct experience.

On the rich nutritious soil of the jungle there grow healing plants which can have a consciousness-altering effect. The water contains the soluble extracts of these plants. It is cleansing and vitalizing at the same time.

The Amazonian shamanism works with the Ayahuasca liana. It is also called "the Mother", "la purga" – purification – or "la reina" – queen of the healing plants. The liana deserves these titles, among other reasons, because it combines the ingredients of a whole range of different healing plants in a particularly efficacious mixture.

Ayahuasca cleans the gastrointestinal tract and the cells. It can heal and renew cellular structures and eliminate bacteria.

In Brazil, it is also used to heal addictions. Scientific studies confirm the life-prolonging and mnemonic effects of Ayahuasca.

Due to its high efficacy, the medicine should be given by experienced shamans. Its potential to heal and restructure an organism shakes the well-worn inner structures. This is why we focus on the appropriate application and accompany the process with supportive talks and spiritual exercises, so that the experience can be integrated. We want to combine shamanism, which is based on the unity of man and nature, with traditions that build on the development of unconditional love as a healing power.

Supported by these powerful forces – Mother Earth and Mother Ayahuasca -, the shaman links him- or herself to the divine powers of the female and the male and is told which plants are ready to help the patient, learns what the patient needs to recover. The shaman fights with the demons of the person seeking protection, and this facilitates the healing.

These demons are nothing but parts of the soul of that person, which are not integrated and have been split off. They lead their own life in the subconscious. In many cases, these aspects determine our lives and experiences more than the decisions we take consciously.

The person who seeks healing participates in the ceremonies and experiences the healing and cleansing effect of the Mother. Integrated and held by the magic healing sphere of the jungle, the person can experience her effect in all its power. This experience elevates the consciousness and, at the same time, crucifies the Ego, when control is taken away from it and the person is called to capitulate and to surrender to the divine principle. This opens up a creative space for artists, scholars and craftsmen who receive inspiration through the mystery.

The shamans ask for protection by making sounds – by whistles or percussion – and singing. They call the elements and the spirits of nature and of the plants to accompany the soul through the ceremony. By blowing and puffing tobacco smoke the breath becomes a healing instrument.

Rituals are used to focus spiritual energies by symbolic acts. In this process, the energies condense and can materialize.



## Our vision

### Nature as a healing power

Nature is a powerful healing force. The Amazonian jungle is like the lap of the mother. There we get access to many aspects that left their mark on us already in our mother's womb. Love, self-acceptance, self-esteem and other deeply human themes come up and want to be looked at. Basically, it is the jungle who initiates the healing of our relationships – to ourselves, to Mother Earth and her creatures as well as to other human beings.

The huge animal kingdom of the Amazonian region offers the possibility to connect to our own instincts by understanding the encounter with it as a symbolic act.

Healing in communion and communication with nature enables people to regain a foothold on earth. We need deep and strong roots to realize our own dreams.


### Healing the divine female

Female spirituality is defined by unconditional love towards all forms of life. It aims at the complete human being, integrating the parts that are split off and active in the subconscious. Life itself is nothing but the ineffable desire to become oneself and whole. This is achieved through transformation. When it is lovingly accepted, the disturbing, the unharmonious opens up and shows its secret; it begins to fit in the way it is meant to be.

The aim is not to eliminate the undesired, as it is done in fundamentalist ideologies, but to put it to its intended place. This is an order in a higher sense – it is an order in which the divine principles of the female and the male are expressed and revealed in their purest form.

His or her own history is the life experience of a person and an inalienable treasure. Our work is not about denying the very own of a person, what he or she brought with him or her, the physical and spiritual roots, instincts and desires, and not about forgetting them or making them disappear through therapy. We rather aim at recognizing all that as part of the individual truth and bringing it together with the unknown, and in this way trusting a bigger, unknown truth. This is why we try to be free from any influence by religious or spiritual doctrines.





## Healing our relationships – to ourselves, to other people and to Mother Earth with all her creatures

Love is the driving force in our lives. It wants to relate, to bridge separations, to merge, to become one. To experience true love one can do only one thing – to become a truly loving being oneself. In its most distinct form love is the gate to oneness which does not exclude anything around us.

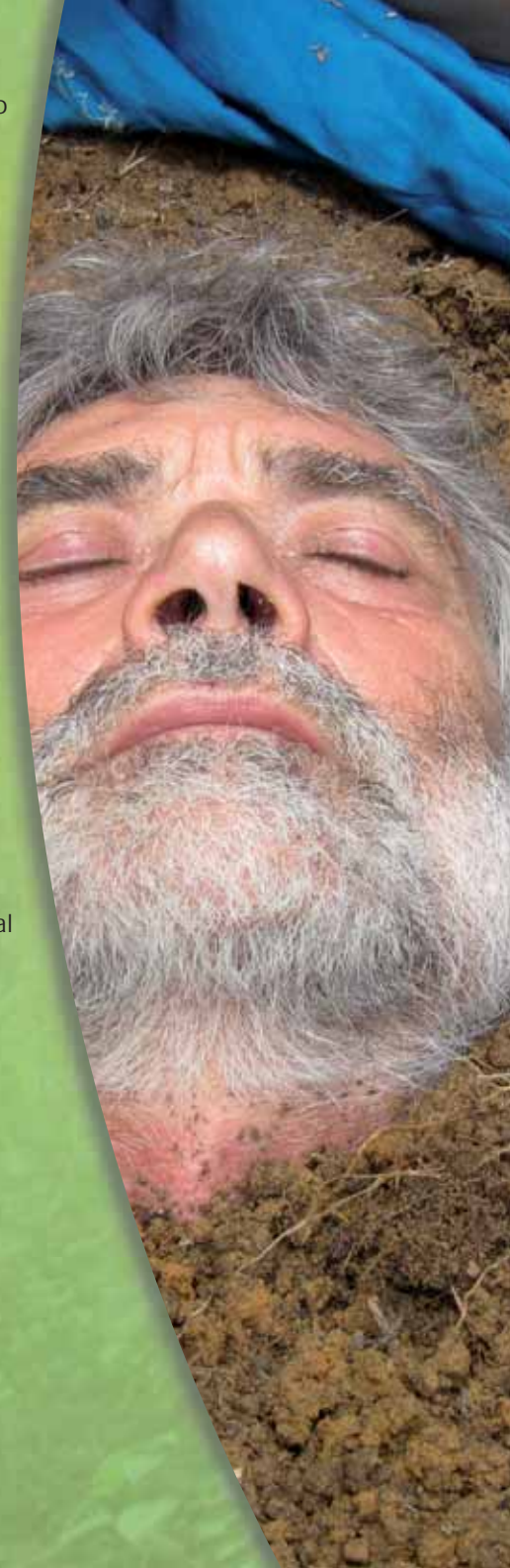
Fear expresses a state of consciousness which is dominated by the illusion of being separated and, therefore, gives room to the expectation of need and isolation. This situation makes us seek for reassurance. We seek to hedge our belongings as well as our love. We attach conditions to exchange, everybody tries to take care of number one and to ensure as much advantages as possible for him- or herself. This is the basis for all dispute, war and destruction in the world.

Unconditional self-acceptance is the key to healing, spirituality and true self-knowledge. The less I have to project my negative feelings on others, the closer I come to the healing of my feelings and to recognizing my own true Self, and the closer mankind gets to world peace.

As long as we love in an exclusive way, the excluded will separate us from the essence of existence and prevent us from being complete and whole.

Moments of complete love are a worthwhile aim; they transform us and in every single one of our cells, they leave the knowledge of what we are meant for at a higher level.

To achieve this aim, the rain forest is an ideal training ground.



## Our aims

### Together

Our aim is to enable a contact at eye level between the people living here and their western visitors. We are convinced that mankind can only cope with the upcoming climatic and social challenges, if we learn to live together.

The Amazonian jungle is a great healing sphere that enables this living together, because everything comes together here: breath-taking beauty, poisonous animals, traditional plants and the pollution of modern times. Being so close to the equator, this place is something like the centre of the world.

### A place of healing

We want the camp to be a place of love and healing where people of all cultures can focus on their highest priorities. Here they can ask questions about their vocation and what fills their hearts with joy, and then make decisions in their lives which take these priorities into account.

To learn that our material needs will be taken care of when we follow our intuition is a great healing experience.

We create a place

9 where the traditional medicine is taught and protected;

9 where young people and children discover that these traditions are valuable and are incited to learn them and preserve them;

9 where also other therapists can work with the gifts of the rain forest;

9 where adults, young people and children from all over the world can get to know the rain forest, love it and protect it.

There is no greater task today than to give something back to Mother Earth for her unconditional love and to refresh the friendship with the soil, the air, the water. Earth is the vitality of material life – it does not make any sense to continue with the downward spiral of pollution.

The surplus earned by the camp is used to support the charitable association El Puente – “Brücke” Europa-Peru in Germany and its Peruvian counterpart of the same name. These associations work to improve the economic and educational situation of the people living here.

Further details on this topic at <http://elpuente.lebenskraft-heilen.de>.



## Our little camp »Moteloy«

In the local dialect, »Moteloy« means a place where little turtles are growing up. In mythology, turtles carry Mother Earth on their back.

Moteloy is also the name of the creek running through the camp. A red and a white brooklet flow into that creek. For us it is a symbol which shows that the forces of the white and the red people can unite in love in order to join together a larger stream of healing. We understand ourselves as a small part of a network built by people who cooperate to heal the earth and mankind.

### Where

»Moteloy« is situated in the middle of the Amazonian jungle, 6 kilometres from the village Tamshiyacu, about 50 kilometres from Iquitos. There are no roads to Iquitos and Tamshiyacu, people travel on the river or use air transport. What we offer is meant for individuals who seek retreat, spiritual experience and orientation as well as for groups who work on specific themes.

### Healing work

Application of medicine, learn the methods of the Amazonian healing tradition, experience of the jungle through long walks, live in the camp following the rhythm of nature, get to know the local culture, massage, body exercises, meet the people and visit places. All this can be arranged according to individual needs. The therapeutic work supports the inner work

and ensures that the experiences made are integrated in a sustained transformation process.

### Food

Water and food are of high quality because they come from a relatively unpolluted area. The water is like a healing extract of the rich plants of the jungle, good for internal as well as for external use.

We offer regional fruit and vegetables, all the seasonal riches of the rain forest, from pineapple and papaya to fruits and food unknown in the West.

The food is adapted to the dietetic needs of our guests; there is also the possibility to taste typical Peruvian meals.

### Lodgings

The lodgings are as comfortable as possible in the jungle, but very simple. They consist of wooden bungalows with mosquito protection. There are wooden beds, foam mattresses, mosquito nets and hammocks – and chamber pots to relieve oneself at night.

### The people and their country

Apart from the spiritual work we want to offer our guests the opportunity to get to know Peruvians, their life, their country, their culture. Therefore the packages include visits to other places, also to other spiritual centres like the worldwide known centre of Don Agustin or the „Temple of the inner way of light“, to mention just two of the many possibilities offered.



## The team



**Francisco Guerra Tananta**

Healer and shaman

After an intensive shamanist experience Francisco began to learn, to complete and pass on the knowledge of his ancestors.

As a child he had accompanied his grandfather and his parents when they went to see patients and to give them medicine.



**Angelika Maria Kotzur**

Non-medical practitioner

(Heilpraktikerin)

Drawing on her trainings as a non-medical practitioner, in spiritual healing as well as in transpersonal psychology and psychotherapy, she helps to understand, digest and integrate the experiences and processes.



**Eugenia Tananta Medina**

Healer

Mama Eugenia is Francisco's mother and a peasant at heart. She puts her heart and soul into plant medicine. Having a Christian background, she is deeply connected to the magic of the jungle which is the environment in which she lives.



**Consuelo Garcia Hualinga**

She is our »Ama de casa« and cares for all our bodily concern. Her cooking, home-spun remedies and affectionate engagement for our guests is her nature. Aside all this she is caring for everyday fresh laundry.

We cooperate with well-known as well as with unknown healers and shamans. For us, it is important that people from Europe can trust our work. Trust is the very basis of any healing.

We are convinced that there are no "coincidental" encounters. Each person, whether being a healer or seeking healing, contributes to healing the consciousness, mankind and earth by giving what is necessary for the next step of development. Each healing process is a mutual process.

The healers lead a completely normal life in their communities. They work on the fields or elsewhere to earn their living.

During their stay they are, thanks to the possibility to earn money at the camp, exempt from their other work, so that they can devote themselves only to healing.



## Group packages

In the protected sphere of a group the field of healing energy is condensed. The themes represented by the other group members evoke time and again our own topics which in this way can be worked on from different angles. This is one of the huge advantages of a group.

### Medicine journeys

Medicine journeys are meant to support first of all the personal healing of the participants. They are an encounter and a personal experience with the traditional healing knowledge and with Amazonian shamanism.

### Healing plants and healing knowledge of the Amazonian region

Doña Eugenia und Don Francisco transmit their healing knowledge, the ways of application and the preparation of the healing plants.

### Vision quest

In preparing for the new, the old has to be let go, so that strength is generated for clarity and further steps. Far from civilization, in dialogue with oneself and nature, new ideas can develop roots.

## Prices

1600,- € for 3 weeks,

1400,- € for 2 weeks,

Including 19 resp. 12 days of core stay in the camp. The other 2 days are the minimum of time needed for the transfer Lima – Iquitos – Tamshiyacu – Moteloy.

The flat rates include being picked up in Iquitos and the transfer, as well as luggage transport, board and lodging, laundry, medicine and therapeutic applications, 4-5 ceremonies, personal talks, accompanied processes, cultural events and explanations.

## Dates of the group packages

### Medicine journeys

5.9. - 19.9.2010

25.9. - 9.10.2010

### Healing knowledge and healing plants

8.10. - 28.10.2010

### Vision quest

25.12.2010 - 8.1.2011



## Individual journeys

Since the camp is so small, an intensive individual therapy is possible.

### Price per day

The price for a day in the camp, including intensive therapy by Francisco, Mama Eugenia and Angelika, is 125.- €.

This price also includes being picked up in Iquitos and the transfer from Iquitos as well as luggage transport, board and lodging, laundry, medicine and therapeutic applications, ceremonies, personal talks, accompanied processes, cultural events and possibly visits to other centres, translation and explications.

### Price graduation

Prices can be graduated in the sense that the therapeutic offers can be booked additionally. The basic price for logistics, board and lodging is 75.- € per day (for less than 3 days), on and as of the fourth day 50.- € per day. The cost for the requested applications and ceremonies will be added to that.

## Dates for individual journeys

Upon request, our camp can be visited all over the year.

### Voluntariat

Cooperation by board and lodging is possible, please ask for further information.

»If you want magic, let go of your armor. Magic is so much stronger than steel.«

R.Bach: The Bridge Across Forever



# Registration, contact und further informations

## Angelika Kotzur

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For those how want to maintain the work at the camp:

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Konto-Nr. 740-303 279 794-7

Interbank, Swift Code: BINPPEPL

## Informationen, contact und registration:

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## Informations about the charitable association and the journey and the residence in Peru:

Monika Seitz Tel. 0049 - 7 31 - 140 48 80

<http://elpuente.lebenskraft-heilen.de>

